



## **NSWIS Medical Program Guidelines**

- 1) I agree to undertake the screenings listed below prior to the commencement of this Agreement by the NSWIS Medical Director:
  - (a) medical screening; and / or
  - (b) musculo-skeletal screening.
  
- 2) I will disclose to the NSWIS Medical Director or any medical practitioner appointed by NSWIS during the Term:
  - (a) full details of all injuries and illnesses that affect my training;
  - (b) full details of all medications, vitamins and supplements I take; and
  - (c) the names and address of all medical practitioners consulted by me in respect of illnesses and injuries that affect my training.
  
- 3) I authorise:
  - (a) NSWIS to obtain from any medical practitioner, whom I have consulted or whom I consult in respect of any illness or injury which affects my training during the Term, any information that the NSWIS Medical Director considers relevant to that illness or injury;
  - (b) each medical practitioner referred to at clause 7.3(a) to disclose to the NSWIS Medical Director all such information relating to that illness or injury which is reasonably sought by NSWIS;
  - (c) the NSWIS Medical Director and NSWIS service providers to make full disclosure of all my medical information to the CEO, my Head Coach and, Coach and any Sport Science staff; and
  - (d) NSWIS to retain any medical information obtained in respect of me and the results of any tests or examinations carried out on me for use in research and publication in medical or scientific papers provided

that NSWIS does all things necessary in order to protect my anonymity.

4) I acknowledge:

- (a) the purpose of medical and musculo-skeletal screenings are to ensure that I can both train and compete safely in my sport, and maximise my performance;
- (b) the medical and musculo-skeletal screenings deal with medical issues which may specifically relate to or affect my sporting performance or training. They are not a complete medical examination and particularly these screenings do not fully cover areas such as however not limited to malignancies, skin, gynaecology, dental and endocrine;
- (c) the findings and recommendations from these screenings may be discussed with the NSWIS Coach, relevant Sport Science staff and the NSWIS Medical Director or an assigned delegate; and
- (d) whilst all due care is taken when performing this screening (including appropriate recommendations and the communication of findings), no guarantee is given that this will definitely improve performance or prevent all injuries or illnesses.