

Michael Lloyd

BSc(Psych)(Hons), MPsych(Sport & Exercise), DPsych(Sport & Exercise) Candidate

Michael comes to the NSWIS as an external service provider has been a preferred sport psychology service provider for the QAS since 1998. He is currently completing his professional Doctorate in Psychology (Sport & Exercise), managing a small private psychological consultancy, and fulfilling the role of NSWIS External service provider as well as QAS Assistant Sport Psychology Network Coordinator.



During his involvement with the QAS Sport Psychology Network, Michael has provided services to a wide range of sports including swimming, netball, rowing, and men's and women's water polo, and has coordinated a Coach Education Project in Sport Psychology. Michael is also an AIS National Network Provider for Men's and Women's Cricket, Squash, and service initiatives in Communication Technology and Relaxation (and Biofeedback).

Michael has a background in rugby union, surf lifesaving and triathlon, and has provided services to these sports, as well as fulfilling roles of sport psychology consultant/assistant manager at various state titles, age group nationals, open nationals and Olympic trials. Michael has worked as a Career Counsellor, and also conducted extensive research into areas such as performance and performance routines, motivation, pre-competition emotions and arousal, and has presented his research findings both nationally and internationally.

Email: Michael.Lloyd@srq.qld.gov.au