

## 2016 NSWIS SELECTION GUIDELINES – Netball

### NSWIS Aim

The NSW Institute of Sport (NSWIS) will work in partnership with sport to deliver programs that will develop and assist identified high performance NSW athletes and coaches to achieve excellence and success at international level.

NSWIS will be a major player in the delivery of internationally recognised programs, coaching and services to achieve world-class performance as a part of an effective, nationally coordinated, high performance sport network.

### Program Purpose

The **NSWIS Netball Program** will provide world-class coaching, training and competition, facilities and support services to improve athlete development with a view to provide a daily training environment that supports Netball Australia's decentralised national and international netball programs and Netball NSW's elite and potential elite athletes to train and compete at national and international level.

The NSWIS Netball Program also supports the NSW Swifts campaign in the National Netball League through the provision of High Performance services and facilities.

### Selection Aim

The aim of selection is to ensure the best and most suitable athletes available are included in NSWIS programs, according to program description, selection processes and criteria as agreed.

### Program Description

#### **Target Athlete Group**

The NSWIS program generally caters for select senior elite (national squad) and elite development (potential Australian representatives, 21/U, 19/U, 17/U national squad and/or nationally identified) athletes.

*NB: All athletes must be Australian citizens and current financial paying members of Netball NSW to be nominated for NSWIS Squad scholarship.*

*NB: An athlete who does not reside in NSW but is eligible to represent NSW at National Championships may be selected, but only after referral to and authorisation by the JMC.*

#### **Structure**

The NSWIS Netball Program is a decentralised program operating from the NSWIS, Netball Central and other identified venues throughout NSW.

#### **Maximum no. of scholarships**

Up to **36** NSWIS scholarship (Commonwealth, Developing, Emerging, Talent and Training/Campaign) athletes will be selected each year.

### Selection Criteria

Athletes will be eligible for inclusion into the NSWIS Netball Squad based on their performance relative to selection criteria for one of the scholarship categories listed below. National squads are selected from the National Netball League, Australian Netball League and National Netball Championships.

The following squads are selected:

- Diamonds Squad
- 21/U National Squad

- 19/U National Squad
- 17/U National Squad

*NB: 'Eligibility' does not necessarily guarantee an NSWIS scholarship offer. This will be dependent on the number of scholarships available and athletes will be ranked by performance accordingly and will need to gain the necessary recommendation from the Head Coach and subsequent approval by the JMC.*

### Organisation and Structure of NSWIS Program

There are 5 scholarship categories within the NSWIS Netball Program:

AWE CATEGORY	DETAILS
<b>Commonwealth</b>	<p>An athlete that had a gold medal performance at the 2015 World Cup and/or is considered capable of a gold medal at the 2018 Commonwealth Games (i.e. athletes selected to the Diamonds team or squad &amp; NSW based).</p> <p>Daily training environment (DTE) provided by NNL Team and Coaches, with DTE provided by NSWIS in the off season</p> <p>NB: Associate athletes - DTE provided by NNL Team and Coaches, with DTE provided by NSWIS in the off season.</p>
<b>Developing B</b>	<p>An athlete that is considered capable of a medal performance at the 2018 Commonwealth Games and 2019 World Cup (i.e. Athletes selected to the 21/U squad and/or identified as developing (potential Diamonds) by national selectors &amp; NSW based).</p> <p>Daily training environment provided by NSWIS/ or where applicable NNL Team and Coaches, with DTE provided by NSWIS in the off season.</p>
<b>Emerging B</b>	<p>An athlete that is considered capable of a medal performance at the 2022 Commonwealth Games and 2023 World Cup (i.e. Athletes selected to the 19/U squad and/or identified as developing (potential Diamonds) by national selectors &amp; NSW based).</p> <p>Daily training environment provided by NSWIS/ or where applicable NNL Team and Coaches, with DTE provided by NSWIS in the off season.</p>
<b>Talent</b>	<p>Athletes 6-8 years away from Diamonds squad (i.e. Athletes in the 17/U squad identified as emerging athletes (potential Diamonds) by the national selectors &amp; NSW based).</p> <p>Daily training environment provided by NSWIS with coaching and services delivered from NSWIS and Netball Central.</p>
<b>Campaign/Training (NSW Swifts)</b>	<p>Athletes selected to the NSW Swifts who are not Nationally identified.</p> <p>Daily training environment provided by NSW Swifts Head Coach with campaign support provided by NSWIS (nine months: –November - July).</p>

### Selection Timeframes

The NSWIS squads will be selected at various times in the year following National team selection.

- Seniors (generally Commonwealth and Developing) – September each year.

- Underage (generally Emerging and Talent) – April each year
- Training / Campaign\* – September/October each year

Athlete scholarships will generally be offered for one year, commencing the month post selection. e.g. Underage (Emerging and Talent scholarships) commence May and conclude April the following year.

*\* Training/Campaign scholarships will be offered following NSW Swifts team selection from December to August (9 months)*

### **General Selection of NSWIS Athletes**

Scholarships will be filled based on a **combination** of the athlete's:

- Performance
- Physical
- Technical
- Tactical
- Medical
- Psychological
- Behavioural
- External

*NB: performances to be considered must be recorded at Netball NSW, Netball Australia and International Federation of Netball Associations sanctioned competition and must be achieved within the twelve months prior to selection.*

*NB: Please refer to Appendix A for further details on selection.*

## Athlete Support

Athlete training schedules and support will vary between scholarship categories

Area	Commonwealth	Developing	Emerging	Talent	NSW Swifts Campaign / Training
Coaching	<ul style="list-style-type: none"> <li>NNL Coach to deliver training sessions during NNL campaign</li> <li>National Coach to deliver training sessions during international campaign</li> <li>Outside of NNL contract time and International campaigns coaching sessions to be delivered by NSWIS Head Coach. Unless otherwise agreed by JMC.</li> </ul>	<ul style="list-style-type: none"> <li>NNL Coach to deliver training sessions during NNL campaign</li> <li>National Coach to deliver training sessions during international campaign</li> <li>Outside of NNL contract time and International campaigns coaching sessions to be delivered by NSWIS Head Coach. Unless otherwise agreed by JMC.</li> </ul>	<ul style="list-style-type: none"> <li>NSWIS Head Coach to deliver training sessions</li> <li>Premier/ State League sessions to be provided by club coaches</li> <li>If applicable – NNL athletes as per Commonwealth athletes.</li> </ul>	<ul style="list-style-type: none"> <li>NSWIS Head Coach to deliver training sessions</li> <li>Premier/ State League sessions to be provided by club coaches</li> </ul>	<ul style="list-style-type: none"> <li>NSW Swifts Head Coach to deliver training sessions</li> </ul>
Venues	<ul style="list-style-type: none"> <li>Provided at Netball Central and SOP Sports Centre</li> <li>NSWIS</li> </ul>	<ul style="list-style-type: none"> <li>Provided at Netball Central and SOP Sports Centre</li> <li>NSWIS</li> </ul>	<ul style="list-style-type: none"> <li>Provided at Netball Central and SOP Sports Centre</li> <li>NSWIS</li> </ul>	<ul style="list-style-type: none"> <li>Provided at Netball Central and SOP Sports Centre</li> <li>NSWIS</li> </ul>	<ul style="list-style-type: none"> <li>Provided at Netball Central and SOP Sports Centre</li> <li>NSWIS</li> </ul>
Camps & Competition Support	<ul style="list-style-type: none"> <li>National representation</li> <li>Compete in National Netball League</li> </ul>	<ul style="list-style-type: none"> <li>State and National representation Compete in National Netball League</li> <li>Compete in Australian Netball League - if relevant/selected</li> </ul>	<ul style="list-style-type: none"> <li>State and National representation</li> <li>Compete in Premier/ State League (with club)</li> <li>Compete in Australian Netball League - if selected</li> </ul>	<ul style="list-style-type: none"> <li>State and National representation</li> <li>Compete in Premier/ State League (with club)</li> <li>Compete in Australian Netball League - if selected</li> </ul>	<ul style="list-style-type: none"> <li>Compete in National Netball League</li> </ul>
High Performance Services	Access to High Performance services as determined by agreement to meet national protocols.	Access to High Performance services as determined by agreement to meet national protocols.	Access to High Performance services as determined by Head Coach to meet national protocols	Access to High Performance services as determined by Head Coach to meet national protocols	Campaign support for all High Performance services incl. Sport Science, Sport Psychology and Performance Excellence as agreed by NSWIS and NNSW.
Screening	Compulsory medical, physio and ECG screenings	Compulsory medical, physio and ECG screenings	Compulsory medical, physio and ECG screenings	Compulsory medical, physio and ECG screenings	Compulsory medical, physio and ECG screenings
Uniform	As per NSWIS uniform policy  In the off season athletes to wear NSWIS or National training gear in gym	As per NSWIS uniform policy  In the off season athletes to wear NSWIS or National training gear in gym	As per NSWIS uniform policy	As per NSWIS uniform policy	As per NSWIS uniform policy  (NSWIS recognition where possible)

## **NSWIS Selection Guidelines**

### **Squad Selection Ratification**

The Head Coach will nominate potential scholarship holders to a selection panel. The selection panel will comprise of the key program partners including the nominated JMC signatories from the State and National sporting organisations.

The nominated Scholarship athletes must be approved by the JMC prior to athlete notification and induction.

Where a conflict of interest exists with any member of the panel (eg. when a member has a personal involvement with an athlete under consideration), that member will exclude themselves from any decisions relating to identified athlete/s.

*NB: Selection criteria will be reviewed annually by the JMC.*

*NB: Selection to National teams is independent from NSWIS Squad athlete selection or membership. Athletes are under no obligation to accept a NSWIS scholarship offer.*

### **Accepting and Maintaining a NSWIS Scholarship**

The NSWIS Scholarship athletes must sign and abide by a NSWIS Athlete Agreement and Athlete Code of Conduct for the term of the scholarship. It is the responsibility of the athlete to ensure all conditions of the Agreement are met at all times, including maintenance of a healthy lifestyle and fitness.

The composition of the squad may be amended by the JMC at any time where an athlete's scholarship is withdrawn based on an athlete's performance review, or an athlete meets selection criteria during the course of a scholarship year.

Following each review, NSWIS athletes will either remain at their current scholarship level or be nominated by the NSWIS Head Coach to be moved to another scholarship level. Athletes who perform below expectation and do not meet expected performance indicators when they are on Potential International scholarship level may have their scholarship withdrawn.

### **Athlete Withdrawal from NSWIS Sport Squad Scholarship**

An athlete wishing to withdraw from their NSWIS Scholarship may do so by informing the NSWIS Head Coach in writing at any time.

Any equipment loaned to an athlete through the NSWIS Program must be returned to the Head Coach upon withdrawal of a scholarship. Athletes who do not return equipment will be liable for the cost of all outstanding equipment.

### **Scholarship Suspension / Termination**

An athlete's scholarship may be suspended or terminated where s/he breaches the NSWIS Athlete Agreement, Code of Conduct, Sport Code of Conduct (or equivalent) and/ or brings the Institute and / or the Sport into disrepute.

In this instance the NSWIS CEO, in consultation with the Program Partners will recommend to the NSWIS Board, the suspension or termination of the athletes scholarship.

The NSWIS Board is the only body that has the power to terminate or suspend an athlete scholarship. The athlete, Head Coach and Program Partners will be advised in writing of the outcome.

### **Athlete Appeals Process Relating to Non Selection of NSWIS Athlete Scholarship**

Athletes may appeal non-selection to the NSWIS or withdrawal of a scholarship by contacting the Coordinator of the NSWIS Appeals Panel in writing within two weeks of withdrawal or non-selection. The NSWIS Appeals Panel



will hear all appeals within two weeks of notification and will consist of the Coordinator and JMC. The Coordinator may appoint an independent to the Appeals Panel where deemed necessary or at an athlete's request. A full report of the Appeals Panel's decision will be forwarded to the athlete and NSWIS CEO within one week of the Appeals hearing.

Athletes may be accompanied by a support person of their choice at all times during the Appeals process.

## **Appendix A**

NB: Subjectivity is an unavoidable part of athlete selection where potential to perform is being assessed.

### **Performance**

- Performance at category specific benchmark events

### **Physical**

- National Test Protocol including, but not limited to: speed, agility, aerobic capacity, strength and power

### **Technical**

- Quality of essential skills, execution of position specific skills, decision making skills

### **Tactical**

- Execution of position specific skills under pressure and in game situations, attack and defence unit skills, decision making under pressure, game sense

### **Medical**

- Satisfactory completion of a medical screening test
- Satisfactory completion of a physiotherapy screening test

### **Psychological**

- The athlete consistently displays: mental toughness, resilience, ability to cope, ability to focus, confidence

### **Behavioural**

- The athlete consistently displays: competitiveness, motivation, leadership, adaptability, coachability

### **External**

- Support and development in life balance and individual athlete management